

NORTH CUMBRIA SUCCESS REGIME
BRIEFING FROM THE PROGRAMME BOARD
2nd September 2015

Announced in June 2015, the Success Regime for North Cumbria will see local health and care leaders and their organisations working closer together, supported by colleagues from three key NHS national bodies: the Trust Development Authority (TDA), Monitor and NHS England. The programme will focus on delivering a sustainable health and care system fit for the future, with the involvement of patients, local people, clinicians, staff and partners. Resources, support and expertise provided by the NHS at national level will help to accelerate the pace and scale of improvements needed across local healthcare.

Locally, the programme will mean better care for patients and greater confidence in the long-term stability of our NHS services. Its focus will be on the area covered by the 'North Cumbria' health and care system, which provides services for people living within the four districts of Copeland, Allerdale, Carlisle and Eden. These include hospitals, community and mental health services, general practice and social care.

North Cumbria's health and care economy is among the most challenged in England, where issues apply system-wide and can only be resolved through collaboration, rather than by individual organisations. For this reason, North Cumbria was one of three areas identified by national bodies to be part of the Success Regime along with Essex and Devon.

Our first Success Regime Programme Board meeting took place in mid-August, bringing together local health and care leaders from North Cumbria University Hospitals NHS Trust and 'buddy' Trust Northumbria Healthcare, Cumbria Partnership NHS Foundation Trust, NHS Cumbria CCG, North West Ambulance Service, the GP Confederation, the Local Medical Committee, Cumbria County Council, and Healthwatch Cumbria. They discussed the scope for the local Success Regime, agreed terms of reference, and suggested arrangements for how they would work together over coming months to tackle a range of challenges affecting the entire local health and care system. Shared issues include improving the quality of patient care, delivering services within the budget available, attracting more clinicians and other professionals to work in the area, and ensuring that local people, staff and partners are consistently involved in the development of local health and care services.

Local health and care leaders are currently developing plans which set out the aims of the programme, including how patients, clinicians, staff, local people and others can become involved in the development of future arrangements for health and care across North Cumbria. There is a commitment to share programme plans by the end of September and more detail about this will follow shortly.

The Success Regime programme will build on work already underway, including the *Together for a Healthier Future* programme, launched in early 2014.